



# NEIGHBORHOOD WATCH

## TARGET HARDENING

### Self-Paced Learning

#### Participant's Book



**The Participant Handbook:** This handbook is designed to follow along with “Target Hardening” Self-Paced Learning training CD. By writing down your answers you will retain more of the information found within the curriculum. Use this book as a reference guide and to review the curriculum before teaching Neighborhood Watch volunteers.

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## **Course Objectives**

- Participants will learn the importance of securing their property and making criminal acts more difficult to commit
  - Participants will build skills to assist them in target hardening
  - Participants will learn methods to protect themselves and their neighborhoods
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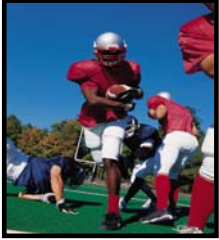
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## 1<sup>st</sup> and Ten

### Activity #1



How difficult would it be for this running back to score with a wide open field in front of him?

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Now look at this picture. Has your opinion changed with regard to his chances of scoring?

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What about this picture?

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**Since burglary and most thefts are crimes of opportunity, the more obstacles that we put in place to protect ourselves, the less our chances of being victimized.**

## Statistics on Home Burglaries

Fill in the Blanks:

- Throughout the country one out of every \_\_\_\_\_ homes will be burglarized this year, with an average loss of \$\_\_\_\_\_.
- In more than \_\_\_\_\_% of household crimes, stolen property is not recovered.
- \_\_\_\_\_% of residential burglaries occurred \_\_\_\_\_
- \_\_\_\_\_ out of every \_\_\_\_\_ burglaries were of residences.
- Research indicates that most burglars will work no longer than \_\_\_\_\_ to get into a home.

## Target Hardening at Home

Answer the following questions.

1. What does target hardening mean? \_\_\_\_\_
2. What is the purpose of target hardening? \_\_\_\_\_

## Assessing the Threat

The first step in target hardening is to determine what kind of threats the homeowner is trying to protect against. List some possible threats.

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## Assessing the Structure

Answer the following questions.

1. What is an easy-to-remember method for assessing a house or apartment?  
\_\_\_\_\_
2. This course suggests you start your assessment where?  
\_\_\_\_\_
3. When starting here, what are you most likely to see?  
\_\_\_\_\_
4. Which way does the course suggest you move around the house or apartment?  
\_\_\_\_\_

## Doors

Answer the following questions.

1. All exterior doors should be made of what materials?  
\_\_\_\_\_
2. Where should the hinges be located?  
\_\_\_\_\_
3. Which doors should have a deadbolt?  
\_\_\_\_\_
4. What is the depth of a proper deadbolt?  
\_\_\_\_\_
5. Impact resistant glass within the home should be installed how many inches from a door?  
\_\_\_\_\_
6. Why should doors have a wide angle viewer?  
\_\_\_\_\_
7. Why is it important to mount the door correctly?  
\_\_\_\_\_
8. What is a suggestion made to secure sliding glass or patio doors?  
\_\_\_\_\_

## Locks

What are some suggestions made about locks?

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_

## Windows

What are the different types of windows?

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_

What are the questions you should answer when assessing windows?

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_

What are the four suggestions made to make windows more secure?

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_

## Lighting

### *Interior Lighting*

What are two suggestions for using interior lighting to make a home safer?

1. \_\_\_\_\_
2. \_\_\_\_\_

### *Exterior Lighting*

What are three types of exterior lighting?

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

## Appearance

Some lessons borrowed from Crime Prevention Through Environmental Design (CPTED) may include:

- Utilize \_\_\_\_\_, \_\_\_\_\_ and \_\_\_\_\_ to direct visitors.
- Limit entry or simply notice them when \_\_\_\_\_.
- Plant thorny bushes around \_\_\_\_\_ to make illegal entry more difficult.
- Trim \_\_\_\_\_ that could conceal criminals.
- Cut back tree limbs that might allow thieves to \_\_\_\_\_.
- Use \_\_\_\_\_ to provide maximum visibility to and from the house.

## Alarms

List four tips for alarm use.

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_

## Garages

List three ways to increase security in the garage.

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_



## Tips

- When you aren't at home \_\_\_\_\_
- Never let people know when \_\_\_\_\_
- Avoid advertising your \_\_\_\_\_
- Don't let burglars use your \_\_\_\_\_
- Make a list of \_\_\_\_\_
- Lock up your \_\_\_\_\_
- Consider getting a \_\_\_\_\_